

## Zip

History-Zip was abandoned when he was about 3 weeks old in a box. His owner took him in and fed him every few hours to ensure his survival. He has done well. He also has a history of hot spots on his back.

### First visit

Zip was assessed and the assessment indicated he would benefit from Trauma Release. As we worked with the relaxation techniques, Zip responded well. However, he was somewhat hesitant during Trauma Release. We took our time and reassured Zip throughout the process. When he released, he did it quickly and with ease.

I also applied techniques to the areas of his hot spots.

### 2<sup>nd</sup> visit

Assessment indicated Zip would benefit from vertebral release. The area of his vertebrae that was compromised was in the area of his hot spots. Relaxation techniques, including vertebral release, tuning forks, essential oils and others were applied.

Zip is a more reserved participant. He watches the other two dogs receive the work. Then, he is ready for his turn. He responds well and this day, he offered his paw after the session.

