

Holistic Healing for Animals

Can Holistic Healing Work for Animals?

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There is a growing trend through-out the world based on the premise of holistic healing for animals. All animal lovers and owners want to connect with their pets and understand their behavior more than ever before. Keeping animals healthy, both physically and emotionally, has decidedly added more happy years to their pets life. St Francis Animal Shelter, a no kill shelter in Buffalo, Wyoming, has transcended beyond giving the homeless animals a safe haven. They have a volunteer who is there to take care of the animals emotional trauma, grief of separation, or injuries the human can't see and the animal can't talk about. While the dogs or cats are in the temporary care of the shelter they are fed, watered, loved, and walked by dedicated volunteers, but just as important, their emotional needs are addressed.

Kris Miller, a level two holistic practioner, deeply believes in the holistic approach to healing animals and helping them transition from one life experience to another. Shelter animals are the neediest candidates, for obvious reasons, and there are many levels of trauma for most of them. Miller volunteers her healing hands to the St Francis Shelter when needed. For most of the animals a relaxation technique is used and seems to help, however, when the dog or cat suffers from abuse or neglect then they need more.

One such dog named Duke had been injured on his back and wasn't healing properly. Miller gained his trust on the first session and then was able to use an energy release technique on subsequent sessions. Duke's reaction to the treatment was positive and he has since been adopted.

Currently, Miller is working on a barking dog problem. While every animal is different, some dogs bark because they are "taking on a job." The treatment process for this issue includes participation and education for the owners.

Miller attended classes called Healing Touch for Animals last year at a nearby town. All her life she has loved animals and has two cats who "found her". The classes taught Miller how to treat behavior and physiological issues using seven energy fields in the animals body. When the technique starts working the animals endorphins are released when the glands open so the healing process can continue. Animals have an instinct to recognize when they are being helped. Most do respond naturally but there are some too frightened to allow hands on and their bodies shut down to help. If this occurs there is a technique effective at distances.

Amazingly, the holistic approach can be used on all animals. Horses, birds, reptiles, dogs, cats, and even hamsters have benefited from holistic healing. Some zoos have hired the healers for the grief and anxiety of captivity.

While there is so much more we as humans can learn about the animals who live with us we have come such a long way. As Kris Miller proudly says, "It's a privilege to be able to help animals help themselves."