

About Kris

Kris brings a calm, peaceful presence to her Space Clearing practice.

Kris is a student of Carol Komitor, founder and developer of Healing Touch for Animals[®]. Space Clearing skills are taught in the curriculum for this discipline.

Tuning forks are a tool used to help clear spaces. Tuning forks assist in moving energetic congestion, dissipating the congestion and offering a lighter sense of openness.

Smudging is another technique that may be used to clear spaces. Smudging has been used for many years in many cultures to assist with clearing spaces. It has been reported in research that this practice also reduces the bacteria in the space.

Kris has a Bachelor's Degree with a major in Health Education and minors in Speech Communication and Traffic Safety. In addition, she has an Associate's Degree in Emergency Medical Care and Rescue (Paramedic).

Kris has experience clearing many types of spaces. Some spaces are very straightforward and clear easily of negativity or heaviness in the atmosphere. Some spaces are more complicated and require additional attention and techniques. Call and discuss your specific needs with Kris.

