About Kris

Kris brings a passion to provide Customer Specific Real-World Solutions to meet each client's needs. She strives to make the complicated simple. Her 'Cut to the Chase' Approach Benefits each Client with Ideas and Strategies that are Operation Specific.

Kris has over 25 years' experience in Workplace Safety and Health Leadership, Education and Positive Culture Implementation. She has been on both sides of Compliance. Kris was a Senior OSHA Investigator with MN OSHA and a Senior Safety Consultant with WY OSHA. She has also been responsible for Leading the implementation of Safety programs in the Private Sector (Construction, General Industry, Health Care) and Government. In addition, she has owned and operated her own businesses, including a Bed & Breakfast and providing Holistic Healthcare for Animals.

Kris has conducted many Fatality and Serious Injury Investigations. She has seen the impact these catastrophic events inflict on the whole community. First, the events impact the injured/fatally injured person. These events also have catastrophic impact on the spouse left behind (now the spouse is called widow/widower and no longer wife/husband), families, coworkers, and community. Brainstorming Positive, Proactive Strategies to prevent these devastating tragedies from happening in your operation is a priority for Kris.

Kris was raised in a farming/ranching family in South Dakota. She brings a passion for the lifestyle, heritage, legacy and creativity of the Ag Community. She also brings an understanding of the challenges, frustrations and obstacles that face Ag Operations today.

Because she understands the Ag Community, she realizes that there are often many positive practices already in place in your operation. But, 'Safety' can often be a mysterious, ambiguous concept to understand and implement. She can help identify where you are doing well, and assist in providing resources to help you meet requirements, manage risk, and send everybody home at the end of the day. In addition, she can assist you in speaking with your Insurance providers in a way to help them recognize and credit you for the positive steps you are already taking, likely helping reduce premium costs. Kris strives to make the complicated as simple as possible.

Kris has a passion for providing quality service that benefits both animal and human safety, health and wellness. In addition to her upbringing on the farm, she has been a student of Low Stress Animal Handling techniques. She has studied with Whit Hibbard, Dawn Hnatow, and others. Whit and Dawn worked directly with Bud Williams as their mentor. In her work as a Safety Consultant, Kris chose to focus her practice on the Agricultural community to provide assistance that enhanced safety for both the humans and animals.

Kris has a Bachelor's Degree with a Major in Health Education and Minors in Speech Communication and Traffic Safety. In addition, she has an Associate's Degree in Emergency Medical Care and Rescue (Paramedic).

Risk Management services help operations stay in business and increase prosperity.

Kris brings a Humble, Real-World Approach to her Professional Practice and Speaking.

Her goals are to provide quality services, resources and information with common sense, humor and inspiration.

She wants to be recognized as a Neighbor helping Neighbors, providing valuable services to assist your operations and communities to prosper.

